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Here are some ideas for helping your child to improve the size and form of letters and words when they write:

* We recommend a short daily practice of around 10 minutes – happy repetition helps good habits embed and become natural
* Use a highlighted line to write on so you can see if the letters are the right size compared to each other
* At first use a narrow pencil to check there is enough space between letters or words
* Revise lower case letters first, practising one letter family at a time
	+ These letters start like **c** c o a d q g
	+ These letters start like **r** r n m h k b p
	+ These letters are similar i l t c j f
	+ These letters are similar v w u y
	+ These are the ‘extras’ eszx
* Next revise capital letters
* A good way to practice mixing lower and upper case letters is to write names lists in alphabetical order e.g. children’s names, countries, animals, Star Wars characters etc
* Progress to writing or copying out short sentences
* Make practice fun to keep your child motivated – use things that interest them such as cartoon or film characters, copying jokes or rhymes or limericks
* Encourage your child to pick out a ‘letter or word of the day’, the one they feel proudest of
* In time you can stop using both the spacer and the highlighted line





You can watch the video of these ideas here: (insert link)???