Double the letters f, I, s, z at the end of $a$ one syllable word with a short vowel sound.

Do not double the letter k ... use curly /k/ and kicking /k/... the letters c and k together: ck
Unless there is a consonant right before the /k/ - then we use letter $k$ on it's own (see the section $/ k /$ at the end of a word) for examole drink.

I'll call your bluff if you can tell the mass of words this helps you spell.

Don't stop to fuss, if in a tizz
for you can check
this in a whizz.
with Flossy Zack


